

The Harmony of Communication



DISTRICT 10 AL-ANON POTLUCK WORKSHOP

April 13, 2024

Galilee United Methodist Church 12:00 P.M. 3:30 P.M.

45427 Winding Road, Sterling, Virginia 20165

Please bring a dish to share



Join us for an afternoon discussing how Al-Anon can help you to...

Communicate with
your Higher Power

Communicate with
the alcoholic

Communicate with
friends, family, and co-
workers

Communicate
with yourself