

Looking to grow your recovery in a whole new direction? Are you looking for ways to gain self-esteem, courage and a balanced perspective? You just might find your solution here! Come join us for a new experience in Al-Anon recovery!

A poster for the 'Turbo Charge Your Recovery' workshop. The background is a blue-tinted image of a person climbing a mountain. The text is overlaid in various colors and fonts. At the top, it says 'Arizona Area Al-Anon Family Groups'. The main title 'TURBO CHARGE' is in large, bold, white and yellow letters. Below it, 'Your Recovery' is written in a purple cursive font. The dates 'APR - JUN 2021' are in white, followed by the schedule: 'First Thursday 7PM PDT (UTC-7)' and 'Third Saturday @ 10AM PDT (UTC-7)'. At the bottom, it lists '1.5 HOURS (30 MIN Q&A)', '3 SPEAKERS, ONE TOPIC PER MONTH', 'ZOOM ID: 188 303 692', 'PASSWORD: 162209', and the website 'al-anon-az.org/turbocharge'. There is also a contact email 'workshop@al-anon-az.org' and a note about a preferred phone number.

Arizona Area
Al-Anon Family Groups

TURBO CHARGE

*Your
Recovery*

APR - JUN 2021
First Thursday 7PM PDT (UTC-7)
Third Saturday @ 10AM PDT (UTC-7)

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al-anon-az.org/turbocharge

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Prefer Phone? Look up a local phone:
<https://us02web.zoom.us/j/k5hh05qbv>

SCHEDULE:

April 2021	Let it Begin With Me: Learning to Say Yes
May 2021	Celebrating Our Successes: Fear of Failure and/or Success
June 2021	New Perspectives in Reaching Out: Tradition 5

The workshop will be using the book "When I Got Busy, I Got Better" (P-78) to show how participation is an amazing recovery tool that will take your recovery to the next level.