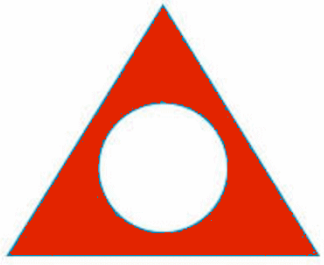
Al-Anon Declaration

Let It Begin with Me

When anyone, anywhere, reaches out for help, let the hand of Al-Al-Anon and Alateen always be there, and - *Let It Begin with Me.*



Al-Anon Family Groups®

hope for families & friends of alcoholics

For more information - call, click or write to:

Can Al-Anon Help Me?
Take a Short Quiz:

Use your smartphone's camera to scan the QR code. Android users may need to download a QR Reader.

NVSC
Al-Anon Service Center
of Northern VA
AIS/LDC
8569A Sudley Road
Manassas, VA 20110
703.534.HELP (4357)
info@alanonva.com
alanonva.com